

Special Interest Articles

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There is hope in Christ!

Abundant Hope Christian Church



Reflect, Press On & Summer Series

Evangelism Meeting:

*Sunday, July 10, after
service.*

*See Minister Tanya
Johnson for more
info.*



This 8th anniversary season proved an exhilarating experience for the Hope. With a week full of tea time, confirmatory revival, sandy beach-time fun, family, friends and another year of God's grace, we celebrated by reflecting on all that we've seen, done and come through. The week (and year) echoed new beginnings on many levels: a new worship location, a new marriage, new family members, a new, reenergized outlook, and the refreshment of God's love pouring out over it all.

We thank all of the wonderful

friends, family and guests who made our anniversary week so special—we love you, applaud your efforts, and extend a permanent invitation of welcome to you.

The reflection was a beautiful and necessary moment in the life of The Hope, but now, we must look ahead—pressing towards the mark for the prize in this yet unfinished race. And forward we go, with the anointing of the Holy Spirit, the knowledge and power of the Word in Jesus Christ, and God the Father making it all move in the manner he has purposed for His own glory.

As we move into summer

break, don't forget about *AH's Summer Series*. Each summer, AH takes a few Tuesdays (the same time Bible Study normally is), and we bring the Word in different, less traditional ways. The creatives, playwrights, artists, and people who just want to express the love of God in their own way do so—the demonstrated Word is Bible Study during these times—and we enjoy allowing God to show himself in this space, in every way.

We invite you to share the series, Tuesdays at 7pm, from July 12 – August 9th.

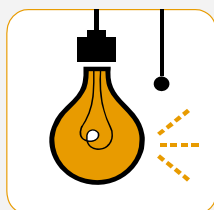
See you there!



**Tuesdays @ 7pm
July 12 – August 9**

**“Celebration of Men”
7pm, Tuesday July 26
All are welcome**

**Contact Greg Blair for
participation opps**



**Don't be misled—
you cannot mock
the justice of God.**

**You will always
harvest what you
plant. Gal 6:7 (NLT)**

Juvenile Arthritis

July is Juvenile Arthritis Awareness Month

Juvenile arthritis (JA) is an umbrella term used to describe the many autoimmune and inflammatory conditions that can develop in children ages 16 and younger.

Arthritis typically affects joints -- the word "arthritis" literally means joint inflammation: arth (joint) and itis (inflammation) – but JA can involve the eyes, skin and gastrointestinal tract as well. In addition, there are several different

types of juvenile arthritis. As prevalence rises, researchers and doctors alike are working to develop a more sophisticated understanding of the differences between the different forms. The most common type of JA is juvenile idiopathic arthritis (JIA). To receive a diagnosis, a child should be younger than 16 and have initial swelling in one or more joints for at least six weeks. Over time, a child with JIA may exhibit a variety of symptoms including muscle and soft tissue tightening, bone

erosion, joint misalignment and changes in growth patterns.

Once a child is diagnosed with JIA, the next challenge is to determine the specific type of JIA he's experiencing. The first six months after onset are extremely important. Your child's doctor, likely a pediatric rheumatologist, will monitor the number of joints affected during those first six months, as well as administer the rheumatoid factor blood test, which checks for a substance in the blood that's usually found in people with this

Juvenile Arthritis (con't)...

condition.

The most important step in properly treating JA is getting an accurate diagnosis. The diagnostic process can be long and detailed, but be patient. Your child's pediatrician will likely recommend that you visit a pediatric rheumatologist who will then take a complete health history to determine the length of time and type of symptoms present.

Unfortunately, there is no cure for juvenile arthritis. The goal of treatment for JA is to relieve inflammation, control pain and improve your child's quality of life. Most treatment

plans involve a combination of medication, physical activity, eye care and healthy eating.

Every treatment plan is unique and requires that your child have an active health care team, which might include a pediatric rheumatologist, dentist, ophthalmologist, nurse practitioner and physical therapist, among others.

*Reference: www.arthritis.org
-- Dr. Davon Townsend*

Brain Master: Exercise Your Mind

Give your brain the workout it requires!

The first person to email the correct solution for the brain teaser to:

info@abundanthopecc.com will receive a free prize from the AHCC swag bag!

The Brain Master solution will be displayed in June's issue of SOH.

Brain Teaser of the Month:

A part of a wheel is a SPOKE, another word for people is FOLK, so how do you spell the word for the white of an egg?

June's Winner: No One! All were stumped in June! AH thanks all participants for their efforts.

June's BM Solution: The Dr. was the boy's mom.

"I love you, LORD;

you are my strength.

The LORD is my rock,

my fortress, and my

savior;

my God is my rock, in

whom I find protection.

He is my shield, the

power that saves me,

and my place of safety.

I called on the LORD,

who is worthy of praise,

and he saved me from my

enemies."

Psalm 18:1-3 (NLT)

Summertime Fun



**Tuesdays @ 7pm
July 12 – August 9**

Each summer, Abundant Hope spends several of our regular Tuesday night Bible Study days to creatively express the Word.

Whether in song, mime, dance, spoken word, or other artistic endeavors, this summertime fave is another way to witness the lessons of Christ. Bring a friend! All are always welcome.

Just for Laughs

One day some scientists got together. They decided man no longer needed God. They picked one scientist to tell Him that they were done with Him.

The scientist found God and said, "God, we've decided that we don't need you. We can clone people and do many miraculous things, so you can go on and get lost."

God listened, patiently and kindly. After the scientist was done talking, God said, "Very well, how about this? Let's say we have a man-making contest."

"To which the scientist replied, "Okay, great!"

"But," God added, "We're going to do this just like I did back in the old days with Adam."

The scientist said, "Sure, no problem." He bent down and grabbed a handful of dirt.

God looked at him and said, "No, no, no. Get your own dirt!"

Don't Sweat the Weeds

"The farmer's workers went to him and said, 'Sir, the field where you planted that good seed is full of weeds! Where did they come from?'"

"An enemy has done this!" the farmer exclaimed.

"Should we pull out the weeds?" they asked.

"No," he replied, "you'll uproot

the wheat if you do. Let both grow together until the harvest. Then I will tell the harvesters to sort out the weeds, tie them into bundles, and burn them, and to put the wheat in the barn."
Matt 13:27-30 (NLT)

God sees you. And his compassionate nature allows him to be patient. He sees that you're

Good Medicine

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Analogy Writing 101

If you want to write well, avoid these analogies, actually written by high-school students:

"Her hair glistened in the rain like nose hair after a sneeze."

"He was as tall as a six-foot-three-inch tree."

"McBride fell 12 stories, hitting the pavement like a Hefty Bag filled with vegetable soup."

"The little boat gently drifted across the pond exactly the way a bowling ball wouldn't."

"John and Mary had never met. They were like two

hummingbirds who had also never met."

And my fave:

"Long separated by cruel fate, the star-crossed lovers raced across the grassy field toward each other like two freight trains, one having left Cleveland at 6:36 p.m. traveling at 55 mph, the other from Topeka at 4:19 p.m. at 35 mph."

—"Strange World," Campus Life, Vol. 56, no. 9.

suffering, but in his knowledge, he also knows that if he rips out the weeds that entangle you, he may also destroy you in the process.

Yes weeds make it difficult to grow. Yes, they sometimes choke the very goodness out of you. But keep growing. It's not your destiny to live among the weeds forever. Make the Lord's patience and compassion your own.

Keep in mind that from Eden, to your personal patch of earth, God is *the master gardener*, and his plan includes you. It even includes how and when his sorting will occur. Until then, be fruitful. Mind when you're trimmed back--it hurts--but it's necessary to grow you. Know that He is the original vine, and you are the branch.

Don't sweat the weeds. God sees them too.

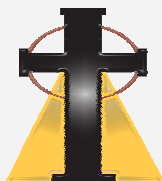
**ABUNDANT HOPE
CHRISTIAN CHURCH**

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VFW Post 2740
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There is hope in Christ!

Spare Change for Hope - Supports the building fund for our new house of worship

Cell phones - Support battered women and children

Tabs- Support the Ronald McDonald House for extremely ill children



We're on the Web!
Visit us at:
www.abundanthopecc.com
www.abundanthopecc.org

A Little Yeast, Rising Up

"Here is another illustration Jesus used: 'The Kingdom of Heaven is like a mustard seed planted in a field. It is the smallest of all seeds, but it becomes the largest of garden plants; it grows into a tree, and birds come and make nests in its branches.'

Jesus also used this illustration: 'The Kingdom of Heaven is like the yeast a woman used in making bread. Even though she put only a little yeast in three measures of flour, it

permeated every part of the dough.'" Matt 13:31-33 (NLT)

God appreciates small things. And when God places his hand on something, it changes the very nature of that thing. He wants to show us how simply He can transform our small things, when we allow his grace to infuse all that we are, have and do.

Like yeast activates flour,

causing it to rise and become deliciously edible bread, God seeks the opportunity to raise you; to bring forth his full and complete work in and through you. But you have to allow it. Just a touch is sufficient to make you into all that He needs you to be. But, prepare to be changed completely because when God comes in, your small thing may have started that way, but *His end* will have a HUGE impact.

About The Hope

Abundant Hope Christian Church is a non-denominational body of Christians focused on bringing the *tension of the gospel of Jesus Christ to bear on the culture in which we live and in our*

personal lives. We're a humble and growing group of folks who strive to know all that God has for us, and to share His grace through engaging worship, in-depth Bible study, regular fellowship and practical

living. We encourage all people to come out and worship with us exactly as is. Jesus loves you, we love you, and we know that you'll find hope in Jesus Christ.

MEETINGS & REHEARSALS

ADULT CHOIR
THURSDAYS IN
JULY @ 7PM.
Meet at the VFW.
Contact Davon -
dmtownse@gmail.com.

**CHRISTIAN EDUCATION
MINISTRY**

TUESDAY, AUGUST 2 @
6PM. Meet at the VFW.

USHER'S MINISTRY
SUNDAY, JULY 3
MEETING CANCELED.
NEXT MEETING AUGUST
7TH Immediately
following service. Meet
in the VFW kitchen
area. All ushers &
Interested welcome.

A Special Thank You

Words cannot begin to express how much love that we felt from our Abundant Hope church family on our wedding day. We really appreciate all the ways that you expressed your love and support. Please know that having our extended family's support was heartfelt. You helped make our day a success. It is our prayer that God continues to bless each of you in a very special way!

Love,
LaResa and Joe

GOING FORWARD:	JULY 12 – Aug 9	AHCC Summer Series
	JULY 10	AHCC Evangelism Meeting after service
	JULY 19	AHCC Summer Series Featuring Kim Arrington